



**Wellness Suite** 





# Unlock your students' potential

Learners excel in safe, caring learning environments created with RethinkEd's Wellness Suite.

Discover a comprehensive expert-developed wellness solution designed to meet the wellness needs of the whole school community. Students, staff, educators, and families all receive the support they need to thrive with RethinkEd's:

- Video-based on-demand professional learning modules
- Wellness app to help adults improve their mental, physical, and emotional well-being
- K-12 multi-tiered wellness skills and mental wellness curriculum
- Interactive online student activities
- Norm-referenced Wellness Skills student assessments for grades 3-12
- Parent portal to make home connections
- Administrative dashboards provide uniformity and transparency across the district
- Behavior and incident data collection and progress monitoring

# **Whole School Community Support**



# **3 Powerful Solutions**



#### **Wellness Skills**

34 Topics Available

Gain wellness skills that create healthy confident students, adults, and communities.

### **Mental Wellness**

11 Topics Available

Promote greater understanding of mental wellness and learn supportive strategies that keep students safe.

## **Personal Wellness**

12 Topics Available

Support employees in all aspects of their lives with courses that restore resilience and well-being.



**Professional Development** 



Personal Wellness



Student Activity Center

## **About Us**

RethinkEd combines the power of technology and research to deliver innovative, scalable, and evidence-based instructional materials and supports for all learners and educators, including those with disabilities. The comprehensive suite of tools ensures that every student develops the academic, behavioral, and wellness skills they need to succeed in school, at work, and in life. RethinkEd positions educators, students, and families for success.

## **Get in Touch**

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